



# Butterfly STUDIO

Montebello Design Center  
31 Newlands Avenue

## Studio Times

**Tuesdays from  
16h00-17h30**

**Tuesdays from  
18h30-20h30**

**Wednesday from  
10h00-12h00**

no classes during school holidays

### Angela Katschke

Art Therapist, Art Teacher, Painter  
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## Painting to strengthen the I-forces

**Tuesday afternoon:** Painting exercises for people in their golden years and beyond. Seniors and their family members of all ages are invited to come and meet in a creative space. Lets reconnect with activities we always loved.

**Tuesday nights:** I assist you in finding your way, in using your favourite art materials, in composing your paintings and in learning the techniques of your interest. We will work with mediums homemade from pigments and binders, or you may bring your personal painting kit along.

**Wednesday morning:** We will explore through the medium of art colours as spiritual entities. Exercises to the qualities of colours will provide us with hands-on experiences of their effects on the human soul.

All groups are open to max. 12 people. If you can't come you will inform me 24h in advance to avoid payment for

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